

MPC Living

Margaret Pratt Community's Monthly Newsletter



May 2024

The Margaret Pratt Community Garden Club is in full bloom. Have you seen the seedlings in the community kitchen? What a sight! Kudos to Jamie and the many residents who have collaborated on this project to bring fresh vegetables to our table.

All around the community, I've heard other stories and discussions about various gardening plans of staff members. It's the Month of May and it's planting season. What are you growing? I'll tell you my plan...in a poem.

I will grow tomatoes this year.
Yes, red tomatoes will appear
In my vegetable garden,
And I will happily bargain
For peas and beans and potatoes
That I'll trade for my tomatoes.
For tomatoes, you see, simply
Are grown in rows or two or three
And don't require the maintenance
Of other sown sustenance.

Why fight the vines of spreading squash
And caterpillar bugs, by gosh!
That creep and eat your labored love
And steal the meal you're dreaming of,
Or weed-infested turnip greens
With hock of ham, are seldom seen,
Nor corn, crushed of crow's pecked power,
Or cabbage and cauliflower
So scorched by rays of sunny heat,
That toasts brown leaves no one can eat.

Yes, tomatoes I'll grow and that
Will be all; and in fall's work at
Harvest time, our plentiful haul
Will be burgeoning bushels tall
Of red, ripened fruit, picked clean by
My hands; a bountiful supply,
For slicing and dicing for stew,
Or for soup, or recipes new,
And canned in Grandmama's old jars,
Shelved tomatoes will be all ours.

Michael

A Word from our Health Specialists

Please remember we must have prescriptions for all medications for residents. We understand a resident may ask you to get them cough drops, medicated powder, or something for stomach trouble; please do refer them to speak with Suzette or any of the Health Services staff to help them. While these may seem innocuous, they may interfere with medications and treatments that you are not aware of and can cause harm to the resident.

If you accompany your resident to an appointment, please let us know so that we can print out information for the doctor to have. We utilize a communication system with medical personnel to help better care for residents. We ask that you then give any after-visit information to the Health Services office so that we can update our records.

All medication changes should be sent directly to our pharmacy Health Direct in Williston. Local doctors are familiar with this pharmacy. If you utilize Kinney Drugs (or any other pharmacy) the resident/family is responsible for getting it to the building. Health Direct will deliver after hours even in the case of late day appointments.

If you've not yet met Suzette or Dorothy, please stop in the office during the day to introduce yourself, we've also brought on a night nurse Lydia who works after hours to continue the high quality of care we provide.

Fun at MPC



Club News



This year, the **Gardening Club** has really invest energy into starting our seeds and are very excited about a full season in the beds. So far we've prepped the soil with vermiculite and worm castings for moisture retention, started our seeds in the greenhouse, and expanded beyond the patio beds by preparing sunflower starts for the edge of the property!

We've learned about hydrophobic soil and companion plantings. We are looking forward to making salsa, relish, and having fresh cucumber sandwiches later in the season!

So far we've started:

Yellow wax, Green, and heirloom Purple beans
Sweet and Shishito Peppers
Golden cherry and heirloom slicing Tomatoes
Bush Cucumbers

We would like to thank those who came for our Garden Clean Up day! Volunteers make our world go round!

Life Enrichment News

We are looking forward to the summer months as we have some fun activities planned. We have **rePlay Arts** coming back to enjoy some fun with our residents. We have a **van adventure** planned to see the spring flowers and farming land. We have a **Walmart** trip planned at the end of May, and much more. We have been enjoying time on the lovely porch and the view of our community!

If there are any suggestions or ideas that residents, families, or community members would like to see, please let us know!!

Meet the Staff - Mairén Poirer

Q: How long have you been at Margaret Pratt Community and what is your role?

A: I've officially been here one year as of May 1st. I am an RSA which means I help residents with activities, run dining services, and am part of the cleaning team. I also do transport for residents to doctors appointments and errands.



Mairén Poirer

Q: Where do you live, where are you from?

A: I'm a lifetime local from South Ryegate and graduated from Oxbow High School in 2021

Q: What is your favorite thing about the community?

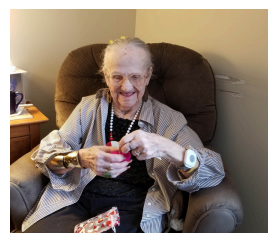
A: My favorite thing about working at the community is all the friends I've made here- staff and residents alike!

Q: Fun fact about yourself.

A: When I'm not working I love being outside and no matter where I am I like making people laugh (which is a great skill to have at MPC).



Mother's Days



Bulletin Board

📌 Dog visits

- 🐾 Dogs are not allowed in any common areas unless they are on their way to a private residency.
- 🐾 Dogs may never be in the dining room or on the screen porch (the patio area is ok).
- 🐾 All dogs must have proof of vaccination **PRIOR** to coming on property.

📌 Dining

Please remember that we need at least 24 hour notice for dining room guests.

📌 Laundry

If you help your resident do laundry, please do make sure to be respectful of the clothing in the machines and note that on the white board, feel free to ask staff for assistance

Volunteer Day

thank you



Word Search



P Q X V A S N T C E P S E R F P
E C N A R B M E M E R A Q O L G
O R N T Y J N I L V O J R Q A Y
D O L I I K G I K L S P L A G G
K N W F L B Y D M O A S X T D I
M O T H E R S B M A C F B T E E
S H A C J D I P A T R I O T I C
E R I S I F Y L N C I X S V E P
C O E X W A R E O L F Y R G Q Y
D G P I D H M E I J I J E F X P
B T X I D U A L E Y C A W C F F
Z J L T N L A D P D E A O T B I
Q O D O H C O V Z D O S H A Y Y
H X M H S J J S G Z Y M S H U P
E D Q Q B M E M O R I A L R U I
V Z P N P V B I B K U G Z K O R



MOTHERS FREEDOM SACRIFICE
REMEMBRANCE FALLEN SHOWERS
HOLIDAY MEMORIAL PARADE FLAG
LILACS RESPECT SOLDIERS HONOR
MONUMENT PATRIOTIC



MARGARET PRATT
COMMUNITY