

MPC Living



Margaret Pratt Community's Monthly Newsletter

September 2024

It's said that advertising executives are the smartest people in the world. No lawyer or doctor or college professor or engineer has an IQ that can craftily produce content that has been proven to manipulate minds over such a wide spectrum of media sources like those in the advertising industry. You might disagree, but think about how powerful cleverly written messages, through advertisements, have changed hearts and minds over the course of our nation's history.

Do you remember the Miller Lite ad, "Less filling, tastes great", or Life cereal, "Let's get Mikey-he hates everything", or McDonald's "two all-beef patties, special sauce, lettuce, cheese, pickles, onion on a sesame bun"? How about 9-Lives Cat Food's Morris the Cat? Remember "Don't squeeze the Charmin", or "I can't believe I ate the whole thing" from Alka-Seltzer. Back in the day, many commercials and ads that promoted products that in today's culture are prohibited, such as tobacco, yet I can vividly recall the Marlboro Man, Camel, and Lucky Strike ads. Maybe because my mom smoked cigarettes, I especially remember the Virginia Slims commercial which pronounced with unapologetic enthusiasm, "You've come a long way, Baby!". My Rosie the Riveter-type, single-with-three-kids mom loved it! And billowing room-filled smoke polluted my youthful lungs for years.

Now, I'm not writing to promote cigarette smoking, but I do love the slogan, "You've come a long way, Baby!" It reminds me of Margaret Pratt Community and the great progress we've made over the last year. "You've come a long way, Baby!" Yes, we have. Today, with a full staff, full residency, and in full compliance with State of Vermont regulations we have many reasons to be proud. We certainly have come a long way. If you feel the same way about Margaret Pratt Community, let someone know! Tell your neighbors and work associates. Post it on social media. Write a review on Google, Yahoo, or Indeed. Let someone know that Margaret Pratt Community has come a long way! That's called word-of-mouth advertising...it too will promote a message in our greater community and spread good news about Margaret Pratt Community in the positive light our residents deserve.

-Michael



The James Barton Fund

Caring for your neighbors, caring for
Margaret Pratt Community.

James Barton Fund at Margaret Pratt Community (MPC) was established to address a critical need: ensuring that our residents can remain at MPC even if their financial resources are exhausted. Named in honor of our founding member, the fund supports low- and middle-income elders, particularly those in the "forgotten middle" who don't qualify for Medicaid but can't afford private pay.

By contributing to the James Barton Fund, you help us provide essential housing, meals, and assistance, allowing our residents to live with dignity, security, and peace of mind. Your tax-deductible donation makes a significant impact on the lives of our seniors.

How to Give

Send your check or money order payable to:

The James Barton Fund
c/o Enhanced Living, Inc.
210 Plateau Acres, Bradford, Vermont 05033

Or donate by credit card online:

<https://www.margaretpratt.org/donate>

Life Enrichment News

Greetings from the Resident Services team, We have had a busy Summer with lots of fun things happening. We had a fun trip to the North Haverhill Fair. Recently we had pony visits and had a great time having fun with them and feeding them carrots. We have tried some new activities such as making homemade popsicles, making your own journal and science experiments. We've had resident Steve spoiling us with his famous homemade recipe and Larry is back with his exercise program.

We are planning our Fall activities and look forward to those days ahead. We plan to take a trip to Windy Ridge Orchard. We have music with The Boyz planned as well. We will take a few more ice cream rides in the fall season as well. If there are any other ideas or suggestions, please let us know!



SENIOR LIVING SOLUTIONS

Falls Risk Event with Bayada Senior Living Solutions. Please join us in the upstairs lounge on **September 17th at 1:30 pm** for a discussion on fall risk and tips to keep you safe. We will have physical therapy professionals on hand to do individual assessments that may help you stay safer!

A Word from our Health Specialists

Our fall Flu and Covid booster clinic is scheduled for September 17th. We will be reaching out to all residents and guardians for prior signing authorizations.

We ask that you delay your visit for that day until the afternoon so that we are able to get everyone vaccinated in the morning.

Fun at MPC



Club News



We have successfully grown more produce this year than 2023! Not only have we snacked on our cucumbers, we've offered our tomatoes to the community to snack on. Due to the winds on the plateau we are finding them off the plants and bringing in to fully ripen. This is our first year of maintaining the flowers in our whiskey barrels and we have found some plants fare better than others. We'll continue to adapt in the upcoming seasons.

We will be looking for perlite, vermiculite and worm castings if anyone has any extras. This will help us put our beds to rest this fall.



Look at these amazing veggies, fresh from our garden and ready for Chef Norma to whip up something delicious!

Meet the Staff - Alaina Jarrett

Q: How long have you been at MPC and what is your role?

A: *I started in June of 2022, right after I graduated from Oxbow High school. I started as an RSA and now am part of the Health Services Department. I knew from an early age I wanted to join the medical field due to my own personal interactions.*

This fundamental motivation to help and care for others in need is the basis of my passion and aspirations. I want to be an RN someday and I see Margaret Pratt Community as a great stepping stone to that.



Q: Where do you live, where are you from?

A: *I live in Bradford on a small farm with sheep and chickens. I was born in Massachusetts but I consider Bradford my home.*

Q: Fun fact about yourself:

A: *In 7th grade I read 150 books, setting a new record of books read by one student in a single year. It was over 8 million words!*



Word Search

I S F L N Q I F V W O X J R P T L Y J S
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RELAXATION

HYDRANGEA

GARDENING

SUNFLOWER

LIGHTNING

PETUNIAS

ZUCCHINI

SUNSHINE

REUNION

FRIENDS

HARVEST

HUMID

PORCH

LAKE

PICKLES

THUNDER

ROSES

HOT

