

MPC Living

Margaret Pratt Community's Monthly Newsletter



Greetings Margaret Pratt Community!

September 2022

I am very pleased to be contributing to our monthly newsletter. I hope you will find this publication informative, fun, and educational in the months to come.

My first month at MPC has been wonderful. I am enjoying my time with the residents and working with each staff member in the various departments. The leadership team and I have been working on communication, some short-term goals, staff appreciation, and education.

You will see new things each month for our Assisted Living residents as well as our residents who reside in The Gardens. Our focus is on quality of life, sense of purpose, and meeting various aspects of everyone's wellness. This includes physical, spiritual, emotional, social, intellectual, and vocational.

I am pleased to announce that we have a new Director of Health Services. Erin Schmidt is a Registered Nurse and joined the MPC family at the end of August. Erin has experience working in long term care, hospital settings/medical surgical units, alcohol, and drug dependency programs, and is experienced with Quality Assurance Performance Improvement programs. She is joining us from Bayada Hospice, and we are pleased to have her as part of our team.

We have been focusing on education for our staff with the process for the Manger on Duty, how to use the radio system for communication/ assistance in the building, and monthly education topics. We have monthly staff meetings now and are focusing on the mission and vision of this wonderful community.

This is an exciting time for all of us and I hope that you see your family members doing more and enjoying their days. Our managers have commented that more of our residents are actively engaging with one another, going outside, and enjoying the common areas. This brings joy to our hearts!

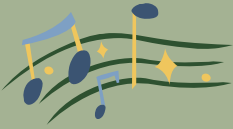
We are going to be offering some additional programs for our families. This includes education on what it means to be a durable power of attorney, what the difference is between hospice and palliative care, dementia, and some monthly family meetings with me so that you all feel connected with our community. If you have some ideas on education topics for families and caregivers, please let me know.

My best wishes for a wonderful September and please continue to stop by and introduce yourself to me during your visits!

Sincerely,
Gretchen

Life Enrichment News

Casino Week coming in September.



Live entertainment is back!

This month we are hosting Cooie Sings on our porch for residents.

A Word from our Health Specialists

Many residents are wanting podiatry care, while you are welcome to use any professional, we do have two options that work with us regularly:

- Susan Hannah-Rose: (802) 222-4196
- Beverly Sinclair: (802) 449-7385

Please feel free to reach out to them to line up an appointment the next time they are in.

Did you know?

We're shuffling a few things around here...Next time you come in, stop by Jamie's new office; she's in the first office to your left when you enter Margaret Pratt Community. Or if you want to know what fun new activities Jenna has planned for the residents, just look for her in the country kitchen. And Erin, our new Health Services Director, will be on the 2nd floor, in the first office on your right as you exit the elevator.

Fun at MPC



Kitchen Corner

Soup of the Day is back!

We will be changing over to the Fall/Winter Menu in September and with it, the return of fall favorites.

Kicking off the new menu - Soup of the Day, we'll have: Cream of Asparagus!

But don't worry, your favorite August dish is not going anywhere! We are keeping Beef Nachos on the menu!



Chef Norma is always interested in requests and suggestions! Stop by the kitchen or reach out to her at nblake@margaretpratt.org.

Bulletin Board

- 📌 If you are interested in subscribing to the local papers, here's a list with their contacts:
 - Valley News (603) 298-7739
 - Journal Opinion (802) 222-5281
 - Caledonia Record (802) 748-2121
- 📌 Keep an eye on your emails for details on an upcoming Friends & Family community meeting with Gretchen.
- 📌 **The porch is open!** While friends and family still must be masked on their way to their resident's apartment, we are able to open the porch to unmasked visitors. Please do keep your mask on through the dining room however you may remove it once you are on the porch.



- 📌 Follow Margaret Pratt Community on Facebook to see all of the fun our residents are having.



MARGARET PRATT
COMMUNITY