

MPC Living

Margaret Pratt Community's Monthly Newsletter



December 2022



Greetings everyone,

As we enter the month of December, Margaret Pratt Community has a lot of events and programs in store for our residents and staff. With this anticipation, I also want to acknowledge that the holidays are not always easy for people. For many, it's a time of loss, reflecting on people and places who are no longer with us and can become a time of sorrow. Our staff is sensitive to this with our residents, and we are staying observant of anyone who may be struggling. Every person's journey through the holidays is different. A kind word, time to listen, understanding, a hug, a shared story, or a laugh is shared, and we move forward to the next day.

Thank you to our families and friends who have generously donated to our employee holiday fund. It takes every individual, in every department, to make our community beautiful and feel at home. It is truly an honor to work with your loved one and each staff member who brings their own unique gift to MPC.

Wishing you and yours a very happy and healthy start to the new year!

Take care,
Gretchen

Caring for the Community

Caring for the Community is a new way for the residents of Margaret Pratt Community to give back. We've worked with a few organizations over the past fall successfully and it is now a dedicated part of our Life Enrichment program. Each month an organization is chosen that the residents help in some manner. The residents gain great satisfaction and a boost of self-confidence knowing they are helping others. Examples of past projects include EMT Appreciation by making thank you cards and cookies to celebrate our local EMTs, another month the residents created enough Halloween goodies for 3 Halloween events reaching 200 kids!

If you have an idea for CFTC project, please contact Jenna Bingham at 802-222-5554 or jbingham@margaretpratt.org



Here's what we've been working on this month for this fun project:

In conjunction with the Bradford Business Association, the residents are committed to creating at least 40 holiday cards for Veterans at the local VA! The BBA is working with local groups and individuals to make sure our veterans at local hospitals receive a heartfelt message this holiday season.

Holiday Wish List

Not sure what to get your loved one this year? We talked with a few of our residents and here's what they included in their wish list:

-  Newspaper subscriptions
-  Magazine subscriptions
-  Easy to care for plants
-  Stationary and stamps
-  Slippers
-  Slip on sneakers
-  Pajamas
-  Sheets and towels



If you are planning to get any digital products to your loved one please contact Jamie or Jenna for assistance setting up any device that needs Wi-Fi* access.

**All residents have access to WIFI at no additional charge.*

A Word from our Health Specialists

Last month the wonderful team from Little Rivers Health Care came by to provide staff and residents with COVID-19 boosters and Flu shots.

We are so appreciative of their amazing team!
Thank you Little Rivers Health Care!



Fun at MPC



Cupcake making, nail care and Thanksgiving dinner

Life Enrichment News

This past month flew by, but we have had a great time doing lots of our favorite activities including BINGO and Bean Bag Toss.

Here are some of the upcoming fun we have planned for our residents:

- Christmas Movies
- Card Making
- Christmas Tree Decorating
- Christmas cookie making
Feel free to share some of your favorite Holiday cookie recipes.
- New Year's Eve Celebration



Bulletin Board

Holiday Cards - If you'd like to include the MPC Residents in your card list, simply address the card to:

**MPC Residents
210 Plateau Acres
Bradford, VT 05033**



We kindly ask you to **NOT bring any wreaths and real trees** into the community due to the fire hazard they present. We highly recommend Poinsettias!

Anniversary Celebration - December 14th marks the 4th anniversary of the opening of Margaret Pratt Community. Residents and staff will commemorate this special day together.

If you have any special memories of Dr. Barton, or the Pratt family to share, please send an email to Jamie at jjrogers@margaretpratt.org or to her attention at 210 Plateau Acres, Bradford VT 05033.

Holiday leave - please let Jamie or Jenna know if you will be taking a resident out for Holiday festivities. We will work to make sure everyone is ready to go!

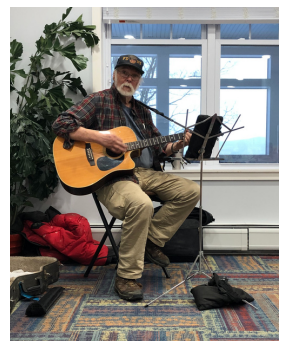


Live Music is back!

Everybody at MPC is so excited that live music is back! And we can't wait to share all of the fun our residents are having with you.

Last month we had Barry Hayes entertaining our residents.

In December we are welcoming our local High School Chorus, and because our residents love her so much, Cooie will be back!



Crossword Puzzle

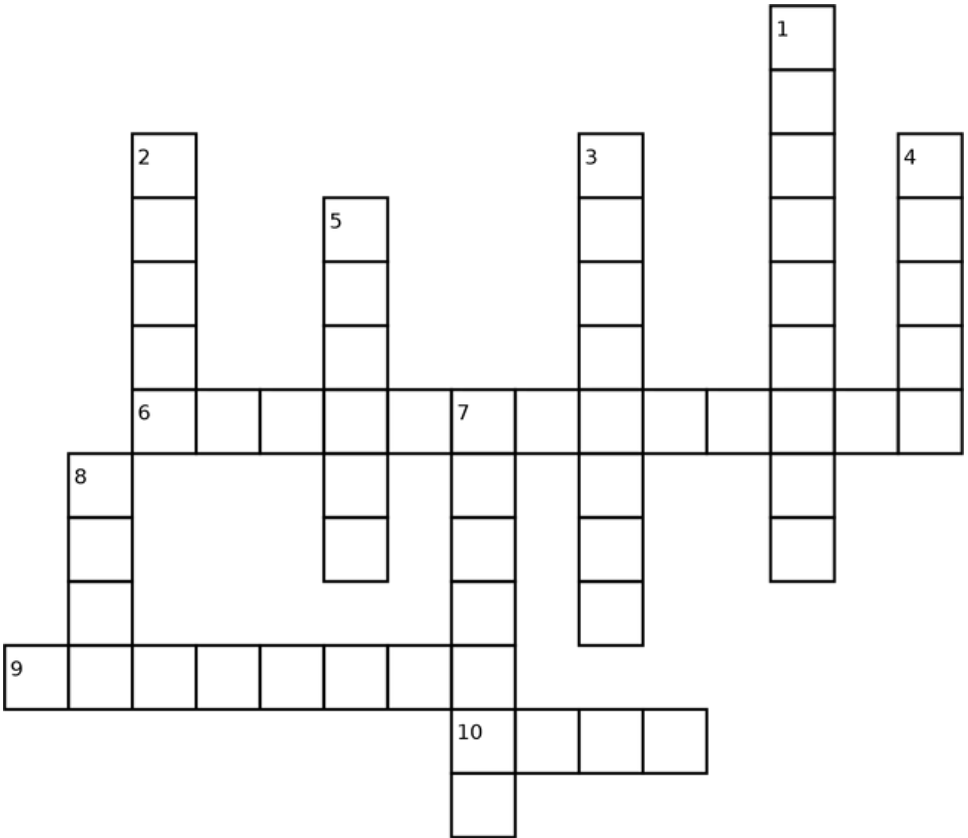


Down

1. Most popular life enrichment activity.
2. Live _____ is back!
3. Residents love decorating these.
4. This employee has been at MPC the longest.
5. This day originally celebrated giving items to those less fortunate.
7. Margaret Pratt's profession.
8. The other half of our only Sister-Sister duo!

Across

6. MPC decorates 3 of these while most families do one.
9. This celebration begins at sundown on the 18th of this month.
10. This resident has lived at MPC since the first weekend.



1.Manicures 2.Music 3.Cupcakes 4.Jamie 5.Boxing
6.Christmas Tree 7.Teacher 8.Eris 9.Hanukkah 10.Vida



MARGARET PRATT
COMMUNITY