

MPC Living

Margaret Pratt Community's Monthly Newsletter



September 2023



Get ready to embrace the stunning colors of fall in New England and showcase your photography skills!

Margaret Pratt Community's 4th Annual Fall Foliage Photo Contest is just around the corner.

The contest will begin on October 1st and we'll share all of the details on our Facebook page. Be sure to follow us and help us make this year's contest the best one yet!



Golden Glow by Lauren Harlow.

Last year's Annual Leaf Peeping Photo Contest winner.

Kitchen Corner

Buckeyes

Cook along with us! Our residents made this recipe during a Tasty Tuesday activity last month and it was a big hit. We hope you enjoy!



Ingredients:

- 1 cup creamy peanut butter
- 1 cup Peanut Butter
- 5 T Salted butter
- 1 t Vanilla
- 2 cup Powdered sugar

- 2 cups Chocolate chips
- 1 T Butter or margarine

- Melt peanut butter and chocolate together, either on the stovetop or in the microwave.
- Next, add 3 cups of cereal to a large bowl. Pour 1 cup of the melted mixture evenly over the cereal.
- Add the additional 3 cups of cereal to the bowl and pour remaining melted mixture evenly over it.
- Stir gently to combine and coat all cereal in the mixture. Once semi cooled check for pooling on the bottom of the bowl. Add $\frac{1}{4}$ cup of cereal as needed.
- Let mixture cool slightly but do not allow to harden.
- Once mixture is at, or below room temperature, add 1 cup of powdered sugar and combine. Add more sugar as needed in $\frac{1}{4}$ cup increments.
- You can now add in chocolate candies, jimmies, candy décor, or nuts.

Store in an airtight container for up to one week.

Life Enrichment News

The residents have more than bragging rights now on Tuesdays, as the winner of bean bag toss walks away with a special trophy to keep for the week!

Bringing back Tasty Tuesday has been a fun mix of resident and staff picks. Buckeyes were a recent staff suggested that the residents enjoyed making and eating. Try the recipe and let us know what you think.

Everyone was happy to try “Mitzi’s Muffins”, a local specialty with delicious 4 Corners Farm blueberries.

We made Cucumber Roll-ups and Tuna Lettuce boats as well.

New for September we are going to introduce a singing group.



Fun at MPC





Patio Updates

Residents have been enjoying the patio and recently have begun doing more group activities outside including balloon volleyball, scrabble, and a water balloon fight. Our walking group has grown thanks to the secure footing provided by the pathway. Many residents have remarked how nice it is to have the option for sun or shade.

As we put the raised beds for winter, we are looking for donations of perlite or vermiculite if you have extra.

Caring for the Community

"Caring for the Community this month is extra special! We're assembling Birthday Bags! Our residents will put together cake mix, oil, frosting, cards, and everything required for a Birthday Cake. These thoughtful bundles will be distributed to local families in reusable birthday-themed gift bags!

Bulletin Board

Walk to End Alzheimer's

Join our awesome team for the Walk to End ALZ on Saturday, September 30th, at 10 am at Hanover High School!



Can't make it? No worries!
You can still be a hero by
donating to support the cause.
Let's make a difference together!



<http://act.alz.org/goto/MargaretPrattCommunity>

Assisted Living Week

We were all looking forward to celebrating Assisted Living Week earlier this month. The theme this year was "Season of Reflection." Residents were offered a guided workshop to write down their memoirs, to reflect on lives well lived, and to contemplate what had happened over their years.

As we reflected on how fortunate the residents and staff are, we decided to take part in a food drive project to help stock the shelves at the Bradford Food Shelf.

We have donation boxes for any visitors who'd like to drop off here at Margaret Pratt Community. You'll find them under the bench in the front vestibule and near the mailboxes on the second floor.



Please make your donations by September 30th.

Residents will be decorating donation boxes for any local business who would like to help fight local food insecurity. We'll drop them off at the place of business and then pick up at a scheduled time. If your business would like to participate, please call Jamie at 802-449-0310 or email at jrogers@margaretpratt.org.

Word Find

S	M	A	S	S	I	S	T	E	D	F	S	H	M
T	C	E	L	E	B	R	A	T	E	A	C	P	G
E	O	B	U	C	K	E	Y	E	S	L	A	R	W
W	V	K	A	U	T	U	M	N	K	L	R	O	C
Q	R	W	T	L	I	V	I	N	G	I	E	O	O
C	R	O	R	O	P	I	M	O	S	N	C	T	M
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S	S	O	U	P	O	J	B	F	A	P	X	R	I
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C	H	O	W	D	E	R	Y	X	U	S	I	I	Y
K	D	A	H	L	I	A	A	K	Q	N	T	N	N
I	M	F	V	L	Z	Y	A	U	K	V	B	A	G

OKTOBERFEST

SCARECROW

DAHLIA

CARING

LEAVES

FALLING

PUMPKIN

AUTUMN

ROOTBEER



COMMUNITY

CELEBRATE

ASSISTED

LIVING

STEW

SOUP

CHOWDER

BUCKEYES



MARGARET PRATT
COMMUNITY